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## test2

## test2

Wrth bacio ar gyfer diwrnod o gerdded, ydych chi'n...

- gadael y siaced sy'n dal dŵr adref am ei bod wedi bod yn heulog adref heddiw?
- bwriadu gwisgo'ch esgidiau achlysurol am eu bod nhw'n gyffyrddus?

○ mynd ati i chwilio am eich esgidiau cerdded am eu nhw'n gadarn a gafael da arnyn nhw?

None ☉

Os yw'r tywydd yn troi'n anghynnes hanner ffordd i fyny'r bryniau, ydych chi'n...

○ cario ymlaen am eich bod eisiau cyrraedd y copa?

○ gwirio fod gan bawb yn eich grŵp haenau cynnes a dillad gwrth-law a throï yn ôl y ffordd rydych wedi dod?

○ dod o hyd i lwybr byr yn ôl i lawr?

None ☉

Cyn i chi gychwyn ar daith arfordirol ydych chi'n...

○ edrych pa wahanol flas sydd ar gael yn y siop hufen iâ ?

○ gwirio amseroedd y llanw ar gyfer y traeth hyfryd, tawel hwnnw rydych chi wedi'i weld ar Instagram?

○ gwneud yn siŵr bod gennych eich Fitbit, rydych chi eisiau gwneud yn siwr bod eich holl gamau yn cael eu cofnodi...

None ☉



Wrth ystyried y tywydd ar gyfer eich antur awyr agored a ydych chi'n...

○ gweiddi hwre, achos ar ôl deffro, rydych wedi edrych drwy'r ffenest ac mae'r haul yn tywynnu?

○ gwirio'n gyflym ble mae'r dref agosaf i'ch cyrchfan ar eich ffôn?

○ gwirio'r tywydd i weld y rhagolygon ar gopa'r bryn rydych am ei goncro?

None ☉

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# test welsh

Welcome to your test welsh

Example



- Right answer
- Wrong answer
- Ignore
- None

Example 2

- Right answer
- Wrong answer
- ignore
- None

Example 3

- Right answer
- Wrong answer
- None

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**Take the quiz to find out if  
you're Adventure Smart CY**

# Cwblhewch y cwis i ganfod a ydych chi'n Mentro'n Gall

Wrth bacio ar gyfer diwrnod o gerdded, ydych chi'n...

- gadael y siaced sy'n dal dŵr adref am ei bod wedi bod yn heulog adref heddiw?
- bwriadu gwisgo'ch esgidiau achlysurol am eu bod nhw'n gyffyrddus?
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None ☉

Os yw'r tywydd yn troi'n anghynnes hanner ffordd i fyny'r bryniau, ydych chi'n...

- cario ymlaen am eich bod eisiau cyrraedd y copa?
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Cyn i chi gychwyn ar daith arfordirol ydych chi'n...

- edrych pa wahanol flas sydd ar gael yn y siop hufen iâ ?
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None ☉

Wrth ystyried y tywydd ar gyfer eich antur awyr agored a ydych chi'n...

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None ☉



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## True of False AS

Take the quiz to find out if

# you're Adventure Smart

When packing for a days walking do you...

- ditch the waterproof jacket because it's been sunny at home today?
- plan to wear your casual shoes because they are comfy?
- dig out your walking boots because they provide support and good grip?

None

If half way up the hill the weather takes a turn for the worse do you...

- carry on because you want to reach the top?
- check that everyone in your group has warm layers and waterproofs and head back the way you have come?
- find a shortcut back down?

None

Before you set off on a coastal walk do you...

- check out the flavours at the icecream shop?
- check the tide times for that lovely, quiet beach you've seen on Instagram?
- make sure you've got your Fitbit, you don't want to miss out on those steps?



None

When thinking about the weather for your outdoor adventure do you...

- cheer because you looked out of the window when you woke up and it's sunny?
- do a quick check on your phone for the town nearest your destination?
- check the met office for the summit forecast for that hill you are want to get to the top of?

None

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## Are you AdventureSmart?

### Are you AdventureSmart?

Being prepared for a planned day out is crucial. What three things are essential to check before heading out for the day?

- Check the weather forecast
- Look what is fashionable
- Check you have the correct gear
- Check your skills are up to scratch with the activities planned for the day
- Chance it and deal with whatever pops up along the way

None ©

AdventureSmart.uk has been developed in partnership by the many organisations who want people to enjoy the great British outdoors safely.

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