

#BeAdventureSmart  
adventuresmart.uk

ADVENTURE  
SMART.UK

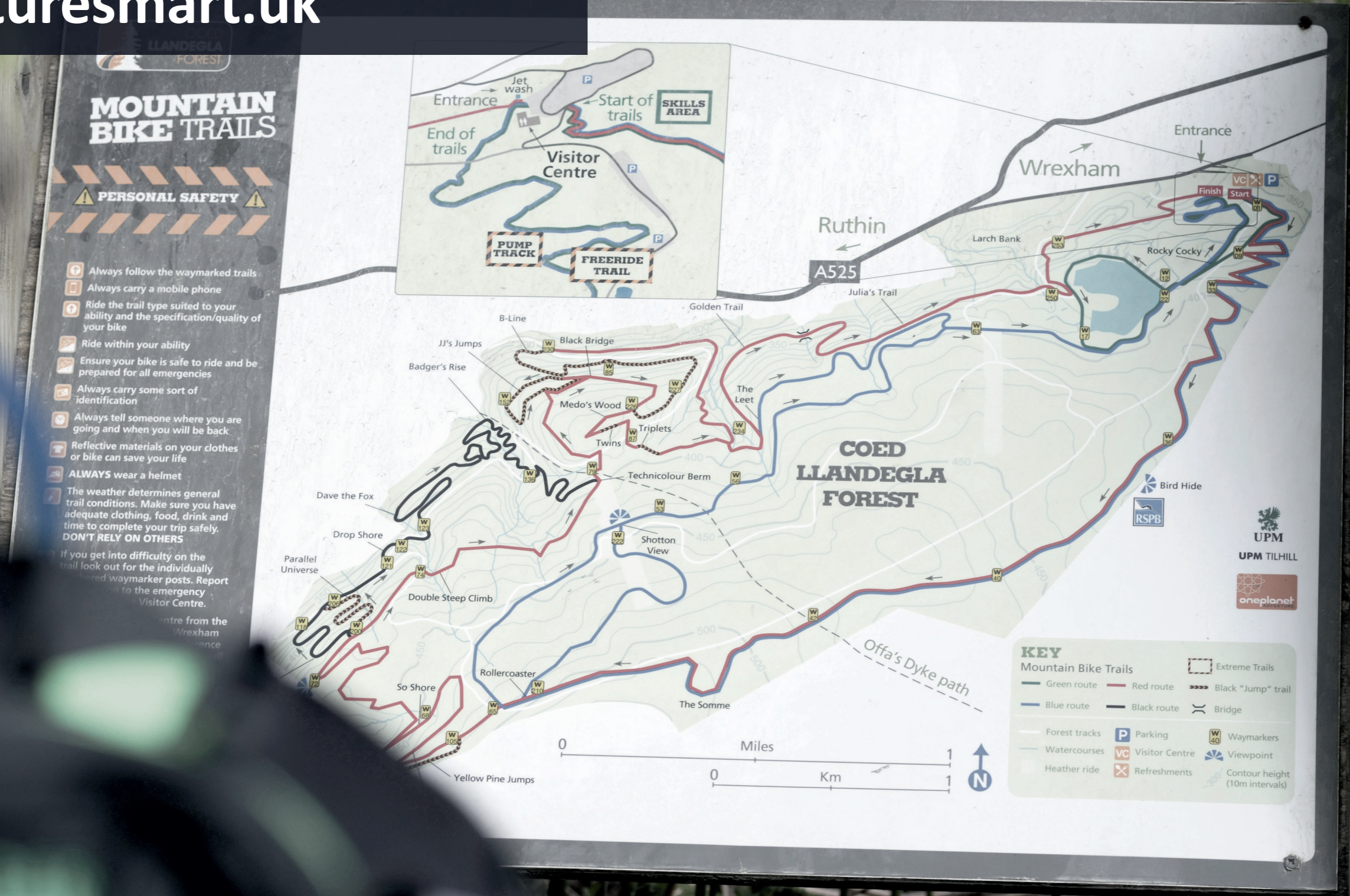


Photo © Ray Wood

Plan for a great day

Know where you're going – choose a suitable route and allow enough time